

Find Food in Rockingham & Strafford County, NH and York County, ME

see reverse for food pantries



24/7 Community Fridges



= stop on COAST busline

Newmarket, NH: 207 S. Main Street **Eliot, ME:** 626 Dow Highway [Marshwood MS]
Exeter, NH: 56 Linden St [YMCA] **South Berwick, ME:** 260 Dow Highway [Marshwood HS]
Portsmouth, NH: 80 Manor Drive **Kittery, ME:** 120 Rogers Rd [Kittery Community Center]



Free & Shared Meals

Food & Fellowship: United Methodist Church, 129 Miller Avenue, **Portsmouth, NH**
Wednesdays @ 6:15pm

St. John's Church: 100 Chapel Street, **Portsmouth, NH**
Breakfast- *Mondays, 6:30-8:30am* **Lunch -** *Thursdays, 12-1 [includes grab & go]*

Seacoast Community Lunch: 18 Court Street, **Portsmouth, NH**
Middle Street Baptist Church | *Wednesdays, 12:00-1:00pm [includes grab & go]*

Operation Blessing Cafe: 600 A Lafayette Road, **Portsmouth, NH**
Saturdays 11:00am - 12:30pm, Sundays 3:00pm - 4:30pm

Vida Cantina: 2456 Lafayette Rd, **Portsmouth, NH**
Take out Family Dinners - sign up <https://www.vidacantinanh.com/community-enchilada-dinners>

Black Trumpet: 29 Ceres St, **Portsmouth, NH** grab & go meals, Mondays, 12:00-2:00pm

Cheese Louise: 76 Congress Street, **Portsmouth, NH** free meals for kids **open daily 11-9pm**

York Community Suppers: First Parish Church, 180 York Street, **York, ME**
1st and 3rd Tuesday of every month- warm beverages 4:00 pm, dinner served promptly at 5:00 pm



Table of Plenty: Berwick United Methodist Church, 37 School Street, **Berwick, ME**
drive-thru, take-home meals, wednesdays 4:00-5.30 - drive up to the back doors to receive meals.

Soups On: Kittery, ME community center 120 Rogers Rd, **Kittery, ME**
3rd Wednesday of the month, 11:30am, September - May

Mainspring Breakfast Cafe: *Tuesday\Thursday - 7-9am* | 22 Shapleigh Road, **Kittery, ME**
Mainspring Community Dinner: *Thursday - 4-5pm* | 22 Shapleigh Road, **Kittery, ME**



Food Pantries



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Portsmouth, NH | Kittery & Eliot, ME

gather community food center: 124 heritage avenue, Portsmouth

Monday-Thursday 10-4pm, Friday 10-2pm

operation blessing food pantry: 600 A Lafayette Road, Portsmouth

Wednesdays, thursdays & fridays 10am-4pm Saturdays 9am-12pm

Footprints Food Pantry: 22 Shapleigh Road, Kittery [Mainspring]

Monday-Friday, 8:00am - 4:00pm

Neighbors Food Pantry: 912 Harold L Dow Highway, Eliot,

Thursdays- 9:30 - 12:00 pm & 5:30 - 6:30 pm & delivery | Call (207) 748-1248

North Berwick, South Berwick & Berwick ME

South Berwick Community Food Pantry 47 Ross Street in South Berwick

Thursday 6:00pm-7:30pm & Friday 10:00am-11:30am

Big Love One Community: 220 Buffum Road, North Berwick | *open 24/7*

House of Hope Food Pantry: 6 Sullivan St., Berwick | *Monday/Tuesday/Thursday 5pm-6pm*

North Berwick Food Pantry: 77 High Street, North Berwick [Mary Hurd School]

Mondays, 3:30 pm - 5:30 pm

Barrington, Somersworth & Rochester NH

Barrington Community Food Pantry: 105C Ramsdell Lane

next to the town gym. | thursdays from 6:00 pm to 7:30 pm

Somersworth Community Food Pantry: 176 West High Sreet

monday: 10:00am-12:00pm, wednesday: 6:00pm-8:00pm, thursday: 3:00pm-5:00pm

Rochester Food Pantry: 10 Cold Spring Manor

Open from 12:00 to 4:00p.m. on Tuesdays

Sharefund: 150 Wakefield Street, Rochester

open monday\wednesdays 10am-3pm & friday 930am-1130am

Durham, Dover & Rollingsford, NH

Seeds of Faith Food Pantry: 1 front street, suite #160

Mondays from 10:00am-12:00pm.

Community Action Partnership of Strafford County: 577 Central Avenue, Suite 10, Dover

Open from 8:30 a.m. to 4:30 p.m. Monday through Friday

Our Daily Bread Food Pantry: 180 Locust St. Rear of St. Joseph Church in the garage *Tuesdays,*

Wednesdays, and Saturdays: 10:00am – 12:00 noon. (Closed on major holidays) | ID is required.

Cornucopia Food Pantry: 15 Mill Road, Durham, NH, Waysmeet Center

Monday 1-4pm, Tuesday 3-6pm, Friday 12-2pm.

Hampton, NH

Hampton St. Vincent de Paul food Pantry: 289 Lafayette Road

Monday, Tuesday, Thursday and Friday - 10:00am - noon