

Letters to the Editor

pressherald.com/2024/01/31/letters-to-the-editor-304-2

January 31, 2024

Embracing inclusion in the community

To the editor,

I hope you'll join me in approving the 7 Alewife Park Road Contract Zone on March 5. I have been a resident of Kennebunk since 1998, where my family and I have found roots and community. We are fortunate that my mother has been able to live here, too. From library events to concerts at the Waterhouse Center, she has embraced our vibrant town life.

I believe providing more older adults the opportunity to experience and be part of our community is something we should do. Especially when we have the generous financial support from an anchor institution like Kennebunk Savings to support the effort.

As a former president of Good Shepherd Food Bank, I have seen firsthand the challenges faced by lower income older adults – limited access to healthy food, healthcare, and quality housing, resulting in increased isolation and health issues. It is shameful that in the United States, we choose to allow so many people to suffer from the impact of experiencing poverty. We can make different choices for our town.

Having quality, affordable housing, especially in a community setting, can have significant positive impact on improving the quality of life for lower income older adults. I've personally been involved in programming at affordable housing locations and I've seen the transformative power of bringing people together, teaching new skills, and sharing meals.

Our collective purpose should be to support each other. It is both an opportunity and a responsibility to create a more inclusive community.

Kristen Miale

Kennebunk

[Post Letters](#)

© 2024